

**Membership:**

An applicant must be over 18 years of age and be diagnosed with a severe and persistent mental illness. You may contact the Resource Center at 375-4453 or Watonwan County Human Services at 375-3294 for more information.

**Hours:**

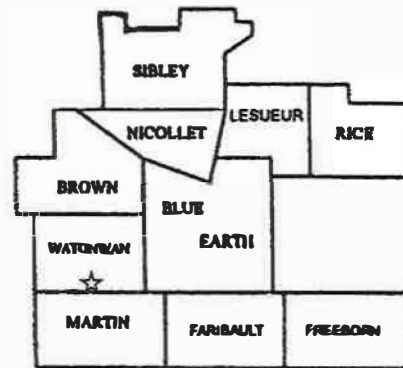
Members are provided a monthly calendar with activity dates and times listed on the calendar

Please call to confirm time; occasionally we will be closed due to meetings, holidays and severe weather.



South Central  
Community  
Based  
Initiative

<https://sccbi.info/>



Serving Members with  
Serious and Persistent  
Mental Illness



**Forever Friends  
Resource Center**

1510 7<sup>th</sup> Ave South  
St. James MN 56081  
507-375-4453

A community based  
program serving members  
with serious and persistent  
mental illness.

## Who are we?

Forever Friends is a resource center serving individuals with serious and persistent mental illness. Forever Friends Resource Center is supported and funded by the South Central Community Based Initiative (SCCBI). Watonwan County is one of ten counties in the initiative. The other counties are: Freeborn, Blue Earth, Nicollet, Sibley, Brown, Martin, Faribault, Rice, and Le Sueur.

## South Central Community Based Initiative Mission:

The mission of the SCCBI is to facilitate each person's recovery by improving the quality of life by assisting them to assume increasing responsibility over their lives and to function as actively and independently as possible in the community.



## Forever Friends Mission:

Our mission at Forever Friends is to offer members a safe and confidential environment which enhances and supports the recovery of adults with mental illness.

# Some of The Activities We Do:

## Resource Center:

- ☺ Skill Building Groups
- ☺ Crafts
- ☺ Bingo
- ☺ Regular Cleaning of the Clubhouse
- ☺ Movies and Theater Trips
- ☺ Fitness Activities
- ☺ Healthy Cooking Class
- ☺ Attend Fairs and Festivals
- ☺ Trips to Local Attractions
- ☺ Thrift Store Shopping
- ☺ Holiday Celebrations
- ☺ Bowling
- ☺ Various Gaming Systems
- ☺ Activities with other clubhouses
- ☺ Grocery Shopping
- ☺ Picnics
- ☺ Volunteer Work- Community
- ☺ Personal Development Groups
- ☺ Speakers on mental health topics
- ☺ Moondog Games
- ☺ Stakeholder meetings

**\*Opportunities to Participate  
in the 10 County  
Initiative Activities\***  
<https://sccbi.info/>

## Forever Friends Has:

- ★ Kitchen Amenities
- ★ Games and Puzzles
- ★ TV and DVD
- ★ Monthly Newsletter
- ★ Craft Supplies
- ★ Client Led Activities
- ★ Wi-Fi and computer access
- ★ Educational Materials
- ★ Washer/Dryer

**\* Members are also involved in the LAC (Local Advisory Council for Mental Health) as well as serving on the RMT (Regional Management Team.) for mental health.**