

Forever Friends November 2022 Newsletter

1510 7th Avenue South St. James, MN

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Greetings, Clubhouse Members!

Happy Thanksgiving to you! We can't believe that we are approaching the end of another year, time sure does fly by!

We have many fun activities planned for November, we will be playing games, exercising, having mental health group and doing crafts. Pay close attention to your calendars, as we have some activities that are both Group A & B, on **November 1st** we will have exercises and games at the clubhouse. On **November 29th** we will be playing Bingo, on **Tuesday November 22nd** we will be having our annual Thanksgiving Meal from 11am-1pm at WCHS Community Room, you must sign-up before **November 17th**. Please see attached flyer. You will need to sign-up for combined group activities either at Forever Friends or by calling staff.

The clubhouse is closed on **November 11th, 24th and 25th for holidays.**

In order to sign up for 10 County Activities, you MUST be attending group weekly. We have had continued poor attendance by members, resulting in canceled groups. Please make the clubhouse a priority in your Mental Health Recovery, so that we may continue to provide you with activities.

Your AMH Team,

Amy, Christina, Katy, Laura, Sharon & Rhonda