



Present: Phil Claussen, Barb Dietz, Chera Sevcik, Suzie Nerison, Sue Rynda, Cassie Sassenberg, Mark Shaw, Naomi Ochsendorf

Others Present: Amy Haas, Jamie Hayes, Teri Herder-Blahnik, Lois Cummings, Mary Jo Giefer

Mark Shaw called the meeting to order at 9:15 a.m. Introductions were made.

Approval of Minutes: Sue Rynda moved to approve the minutes of the January 17, 2020 meeting. Phil Claussen seconded. Motion carried.

Approval of Agenda: Naomi Ochsendorf moved to approve the agenda. Barb Dietz seconded. Additions to the agenda: 1) IRTS related question; 2) Meeting room change updates. Motion carried to approve the agenda with additions.

Public Comment: None.

10-County Networking Presentation: *(included in meeting packet)*

Lois Cummings and Mary Jo Giefer presented the proposal for 10-County Networking events in 2020. They provided an overview of 2019 10-County Activities and presented the activities proposed for 2020. This year's theme is "Exploring New Opportunities to Build Support in 2020."

- **Winter 2020 Theme: *Exploring the Future and the Past with New Friends***
 - MN Timberwolves Basketball Game – January 15 (no funds requested)
 - Day on the Hill – March 12 (no funds requested)
 - Historical Speaker – 1:00 p.m., March 18 at St. Peter Community Center. Speaker David Jones will give a historical account of the history and building of Mount Rushmore. A Subway lunch will be provided to attendees before the presentation. Speaker fee: \$125 › Lunch Cost: \$500
- **Spring 2020 Theme: *Exploring Self-Advocacy and Recreational Interests to Build Support***
 - Stakeholders Meeting – April 14
 - Mall of America Sea Life – April 28 › Cost: \$1,400 for 100 tickets
 - May is Mental Health Month – Open Houses and Awareness Walks
 - MoonDogs Game – June 2 (rain date, June 17) › Cost: \$2,000 includes tickets and all-you-can-eat hotdog/burger/pork sandwich lunch
- **Summer 2020 Theme: *Exploring Friendships, Old and New***
 - Watonwan County Picnic – July › Cost: \$300 for lunch and facility rental
 - Rice County Picnic – August 12 › Cost: \$300 for lunch and facility rental
 - Minnesota State Fair – August › No Cost
 - Stakeholders Meeting – September 10
 - Heritage Horses – September 10 › Cost: \$1,500 includes entrance fee, bonfire, hot dogs or s'mores
- **Autumn 2020 Theme: *Exploring the Arts and Creativity with New Friends***
 - Theatre Production at MSU-Mankato – Play/Date TBD › Cost: \$1,500 for ½ theatre sponsorship & 150 tickets
 - Halloween Mixer in Le Sueur County – October 28 or 29 › Cost: \$800 includes lunch, game & costume prizes, hall rental
 - Year-End Mixer at St. Peter – December › Cost: \$528 includes pizza, hall rental, drawing prizes
- **Total Budget = \$8,828.00** (2020 Budget of \$7,000 + \$1,828 2019 underspent funds)

New activities for 2020 were the picnic in Rice County, Heritage Horses, and the history presentation about Mt. Rushmore. The presentation included statistics collected from member surveys following each event. **75%** of people would have just stayed home if the activity wasn't offered. **85%** said that the activities helped them make social connections. **99%** felt the activities improved their overall quality of life. **100%** would attend another activity in the future. Naomi Ochsendorf moved to approve the 10-County Networking budget proposal

for 2020. Suzie Nerison seconded. Discussion followed about documenting clubhouse members' work behind the proposal (planning, scheduling, budgeting, presentation preparation and public speaking on behalf of clubhouses and 10-County activities). Motion carried.

RMT Report: Amy Haas reported on the February 13th RMT meeting. Several items on the agenda are on the JPB agenda.

- Anna Garbers replaced Brad Frisch on the RMT and related committees.
- LAC reports were given. The Blue Earth County LAC discussed the death of Brian Guess and the need for services and supports for Certified Peer Specialists.
- Lois Cummings and Mary Jo Giefer presented the 10-County Networking proposal.
- The 2019 Q4 Budget Report and Q4 Psych Allocation were reviewed.
- Committee updates were given.
 - Data Subcommittee - The subcommittee met on February 5th and reviewed the different areas that data is being tracked and identified which data will be useful to include in future data tracking. Commitment data will continue to be included, but the process will be simplified. Rice County will pilot the tracking of revocations. The subcommittee is planning further outreach to DHS to get them to attend committee meetings.
 - Integrated Services - Nystrom & Associates gave the Provider Spotlight. They opened a new office in Mankato on December 9th, 2019. They also have an office in Northfield. Mayo Health System Mankato rolled out their new BERT program. The **Behavioral Emergency Response Team**, staffed by psych nurses, social workers and security respond to emergency situations in the hospital and emergency department. The 24/7 service works to increase safety and intervene before IM's and restraints are utilized. Mayo also hired a new psychiatrist for the behavioral health unit who will start in August.
 - Crisis Committee - (*January 2020 Mobile Crisis Utilization Fact Sheet included in the JPB meeting packet*) Mobile Crisis calls, screenings and mobile assessments continued to rise in January. The committee discussed opportunities to utilize the DHS training funds. Jamie is working with Horizon Homes to plan trainings, such as (Mid)West of Somalia screenings. The grant will be used to pay for staff time, lodging, travel and other related expenses for MSSA and Children's Mental Health Conferences. The committee talked about outreach and what it might look like. Horizon Homes will present a strategic plan to JPB. RAP for children/adolescents is currently being underutilized, but numbers are expected to increase with increased outreach.
 - SET Committee - The Committee finalized the agenda for the April Stakeholders Meeting and approved the revised the survey. A plan was made to follow up with a potential consumer speaker. Pro speaker, Gary Green, will bring books to sell, along with someone to assist him. Teri will request a list of books, prices and forms of payment accepted. Planned future pro speaker options (dietician) and discussed applying for a SHIP grant. The Tamra Rovney Tribute workgroup met at Sibley County. They discussed what they want to do and arrived at an advocacy award which will be awarded at the fall MH Conference. Nominations will be open to both consumers and professionals. The workgroup will come up with a list of attributes mirroring Tamra's. Julie will reach out to Tamra's family to see if they wish to be involved. They will meet again in May. Sibley County plans to plant a tree in honor of Tamra's memory.
 - Clubhouse Workgroup - The workgroup met on January 16th. Clubhouses already do surveys. The workgroup may work to standardize parts of the survey while keeping other parts flexible. They are looking at inviting a Managed Care Organization (MCO), probably Blue Plus, to attend the workgroup because they can pull data that the initiative does not have access to. The workgroup will also look at the Quality of Life Survey that the U of M drafted for us.
 - Training Updates – Updates were provided on the trafficking, AIMS and the DHS grant-funded Crisis trainings.

JPB members discussed the challenge of being an “adult” initiative and providing RAP and crisis services for children and adolescents. Conversation followed about outreach (who should be targets and who the best referral sources are) and how to reach families who are at risk but do not meet criteria for services.

January Vendor Report: Jamie reported that the vendor report includes the three clubhouse allocations that were paid. Sue Rynda moved to approve the January vendor payments. Chera Sevcik seconded. Motion carried.

2019 Q4 Budget Report: *(included in meeting packet)*

We are on a two-year budget cycle, so any unspent funds were carried over to 2020.

Base Budget (AMHI Grant) – SLIGHTLY UNDERSPENT (\$17,000)

- Revenues: MH Conference revenues were \$22,325, exceeding the budgeted amount by \$2,325. Other-Reserves includes some money from the Crisis Grant funding a portion of the Regional Manager position.
- Expenses: Items of **underspending** included Technology, Psychiatry Resources, AMHI Flexible Funds, Admin Assistant .5, Housing (GRH, SS, B&L), MN Conference, and Administration. Items of **overspending** included Regional Manager position (but includes money from Crisis Grant), Strategic Planning, Public Education (website fee increased), IRTS (\$11,807 over), and Stakeholder/Networking was overspent by \$108.

Mankato Crisis Center (Appropriation) – UNDERSPENT

- All budget items were underspent except for Regional Manager .25 and Fiscal Host Admin Fee, which were 100% spent.
- Crisis Center was underspent by 31% due to the delayed opening of the Crisis Center.
- Urgent Care spending will be looked at in greater detail when the Psych Allocation Committee meets.
- \$112,833 in underspent funds were transferred to Mobile Crisis to resolve overspending. The JPB approved the allocation of \$100,000 for a Mobile Crisis outreach position to target primarily children, but it will also provide outreach to racial minorities, veterans and other underserved populations. Any underspent 2020 funds will be transferred to Mobile Crisis.
- No grant funds were used to construct the new crisis center.

Mobile Crisis Services Grant – FULLY SPENT

- Revenues: Includes 3rd party payments (MA-Insurance) of \$115,417
- Total Expenditures: Actual expenditures were \$513,724 (subtracting 3rd party payments)
- There was no spending in RAP for Children/Adolescents in 2019, but it is expected that there will be spending in 2020 as Horizon Homes continues to provide outreach throughout the region.
- Staffing for Mobile Crisis far exceeds funds allocated.

Q4 Psychiatric Allocation: *(included in meeting packet)*

- Quarter 4 2019 Psych. Allocation was the first quarter paid out in 2020, which is a new budget cycle. Overall it is on target at 22.68% spent (with Psych at 24% and urgent care 17.11%).
- Looking at individual mental health centers though, Freeborn County MHC is over budget at 37.04%. Sioux Trails and BECMHC came in under budget.
- Slot Utilization – FCMHC is right on target, and Sioux Trails & BECMHC are underutilized.
- The Psych. Allocation Committee will look at the psych allocation formula to see if it can be adjusted. FCMHC is right on track with slot utilization, but their staffing expenditures continue to exceed their allocation. Jamie is still waiting to hear back from DHS about urgent care criteria. Once she obtains the information, the Committee will be able to look for additional opportunities to increase flexibility with urgent care billing

Horizon Homes Outreach Strategic Plan: *(included in meeting packet)*

The “Mobile Crisis Outreach Position – Strategic Plan” was reviewed. The target population for the outreach will be children/adolescents, but racial minorities, veterans and other populations (i.e. elderly, farmers) will also receive outreach. Instead of one FT outreach position staffed by one person, Horizon Homes proposed at least one FTE covered by multiple staff who are already part of the Mobile Response Team, each with different areas of expertise of high involvement with the target populations. There are currently three people on staff that can provide outreach.

Regional Telepresence Update: Jamie reported that there is no hard date when the pilot will end while DHS looks at possibly rolling out the Vidyo Platform statewide. Rice County Sheriff's Department and New Ulm PD are now connected and set to start on February 24. Two Rice County sheriff's deputies who work opposite shifts will have the Vidyo app on their phone and one tablet. All New Ulm officers have the app on their phones. Horizon Homes is providing a simple flowchart showing the steps to take to facilitate mobile crisis services utilizing Vidyo.

Eide Bailly Fiscal Monitoring Update: Eide Bailly completed the fiscal monitoring and found no major discrepancies. There was one minor transposed number that can be easily resolved. Jamie is awaiting their emailed report.

Peer Support Specialists: In the wake of a recent suicide, a conversation was started about how we might support Certified Peer Support Specialists so that they can receive confidential and appropriate mental health supports and services from providers not associated with their employers and clientele. Jamie contacted DHS about services for CPS staff, but the referral to the statewide peer support line (peer-to-peer telephone support/warmline) was not helpful. The JPB was in support of Jamie reaching out to the CREST region to discuss creating a relationship with their region and crisis center whereby crisis center staff would be able to access crisis services at the other crisis center without any pushback to see support in home region. All options need to be explored.

Upcoming JPB Meeting Discussions:

- MCO's – BCBS Blue Plus, Gary Sprynczynatyk, schedule for March or April
- Jail Diversion Project Updates – April (tentative)
- Other? – DHS Liaison

IRTS Question: Jamie was approached by Jennifer Simpson-Dahl from Secure Base Counseling Center who requested a letter of support of the need for an IRTS facility in the region. They are interested in opening one in rural Northfield. Wait times for an IRTS bed average one month, so there is need for another IRTS facility. JPB was in favor of Jamie writing a letter supporting the need for IRTS beds.

Meeting Room Changes: Jamie reported that BEC HS administration will be moving to the renovated building in March. Meeting locations might change following the move. Keep an eye on the meeting locations listed in future correspondence.

Horizon Homes Circle of Excellence Award Presentation: Tuesday, March 10, 10:30-11:30 a.m.

As there was no further business, the meeting adjourned at 11:30 a.m.

Next JPB Meeting:

Friday, March 20, 2020, 9:00 a.m. – 12:00 p.m.
VINE, 2nd floor, room 210

Respectfully submitted, Teri Herder-Blahnik, SCCBI Administrative Secretary/Office Support