

Present (via Zoom): Angela Youngerberg, Barb Dietz, Chera Sevcik, Suzi Nerison, Sue Rynda, Cassie Sassenberg, Mark Shaw, Klea Rettmann, Naomi Ochsendorf

Others Present: Amy Haas, Jamie Hayes, Teri Herder-Blahnik

Mark Shaw called the meeting to order at 9:03 a.m.

Approval of Minutes: Sue Rynda moved to approve the minutes of the December 18, 2020 meeting. Naomi Ochsendorf seconded. Motion carried.

Approval of Agenda: Suzi Nerison moved to approve the agenda. Barb Dietz seconded. Motion carried.

Public Comment: None.

December Vendor Report: The report includes a lot of Crisis spending, county Q3 reimbursements, end-of-the-year flex fund spending and Zoom licenses. There is still no word on our USDA grant application. They were still reviewing grant applications as of 12/28/20. Barb Dietz moved to approve the December Vendor Report and payment of bills. Sue Rynda seconded. Motion carried.

January RMT Retreat Report, Amy Haas & Jamie Hayes: Amy and Jamie reported on the virtual RMT Retreat that took place yesterday. Jamie shared the “2020 Year in Review” PowerPoint that she created for the retreat.

- Amy and Teri led an icebreaker activity resembling a group “mad lib” story about the RMT’s New Year’s Resolutions.
- The retreat was structured with two rounds that reviewed 2020 RMT Goals and Accomplishments. **Round 1** reviewed Community Awareness and Education. **Round 2** reviewed AMHI Programs and Services. Small group breakout sessions occurred after each Round. The entire RMT reconvened for a roundtable discussion after each round. Results of the roundtable discussions are below.
- **Round 1** – Identify (a) one positive/success for each item and (b) at least one overall goal to consider developing for 2021. Round 1 items were: Stakeholders, MH Conference, Tamra Rovney Award, Cultural Awareness, Training Ideas, Quality of Life Survey, and Behavioral Health Rapid Response.

Successes:

- MH Awareness project, compilation with music
- Clubhouse response to COVID and their ability to function virtually and continue serving their members
- Success of RAP
- Tamra Rovney Award continued despite the pandemic.

Goals:

- SET Committee – Have an education and training focus every-other month that may or may not include activities, flyers, and gift cards. Discuss alternate plans if we are unable to do a Stakeholder meeting, such as podcasts with a mental health panel, open forum Q&A. Look at SET Committee reformulation. Look into online and hybrid options for Stakeholders and fall conference.
- LAC Meetings – Use questions during meetings to identify gaps in services.
- Transition to Zoom
- Quality of Life Survey – Take a look at and use local supports (MSU for example).
- **Round 2** – Identify (a) one positive/success for each item covered in Round 2, (b) feedback on 2020 RMT goals, and (c) at least one overall goal to consider developing for 2021. Round 2 items were; Clubhouses, Crisis Services, Psychiatry, Housing, IRTS, Commitment Data, and Workgroups/Committees

Positives/Successes:

- Clubhouse Resiliency – Clubhouses are doing everything they can to reach out to as many people as possible by adapting to changes, providing outreach to members, getting creative and reducing isolation.

- Commitment survey with a regional scope
- Telepresence – More people are connected to virtual psychiatry and therapy appointments due to decreased transportation barriers. No-shows decreased.

Goals:

- Clubhouses – Zoom with other clubhouses for group activities and to share speakers. Work to find a safe way to bring back transportation.
- Rule 20 – Continue to provide updates at RMT if/when there is anything new to report.
- Continue collecting commitment data. Find ways to share this information with DHS and consider tracking revocations (which are increasing).
- SET Committee – Start discussion regarding committee structure and providing community education. Reconnect with SET Committee and brainstorm.
- Priority Exercise – RMT members participated in an online exercise as a group via Zoom to evaluate SCCBI structure, services and supports. Members rated survey items as either Essential, Needed or Desirable. Results were shown in real time.
- Elections – Amy Haas was elected RMT Chair. Jim Wood was elected RMT Vice-Chair.
- Tabled Items – as time was running short, it was agreed to discuss 2021 Goal Development and Committee/Workgroup Assignments at the February meeting. In the meantime, Teri forwarded the list of 2020 workgroup/committee members. Members could email Teri if they wished to be added to or removed from a committee. Jamie suggested that it might be worth our time to set up an in-person, outdoor gathering when weather permits. The retreat felt rushed due to the compressed timetable, and several RMT members exited the meeting early.

JPB Responses/Subsequent Discussions:

- Further Discussion is Warranted Regarding Commitments – Are people satisfied with the outcomes of commitment? Do individuals become stable? How effective of a tool is civil commitment? Diversion works well when all county staff, attorneys and judges are on board.
- New “Services for Engagement in Treatment” came out in statute (#253.041) – It may be wise to look into this with a regional perspective, how it will work, and what it will look like. Might be too complex for RMT to lead the process. How can we get buy-in from county attorneys and judges? Compile data from Criminal Justice Task Force to present to district attorneys & judges?
- Suggestions for Goals – Revisit concept for a child/adolescent residential crisis center. Develop a steering committee separate from SET to recruit leadership/professionals with connections to perform the preliminary work of planning the MH Conference. SET Committees can still do the onsite work/planning (flyers, booklet, menu, registration, etc.) Partner with Bukata Hayes and Greater Mankato Diversity Council to work on cultural competency goals.

Annual SCCBI Priorities Exercise: JPB members participated in the same priority exercise completed by RMT members during their retreat. Results were shown in real time. Jamie will combine these results with the results she obtained from the RMT. Final results will be shared at the February meeting.

House of Lights Updates: Brown County was contacted by two different parties who are interested in purchasing the property. One party placed an offer on the property, but there is a conflict of interest as the buyer is employed by Brown County. The other party is interested in running a DD facility, but may be open to a Board & Lodge following publication of a RFP. Although the property can be sold, the business does not come with the property. Therefore Deb Dietz drafted a Request For Proposal for a “Board and Lodge with Services Development.” She emailed the draft RFP to JPB members prior to the meeting and requested feedback. Deb suggested adding a consumer rep and another AMH supervisor to the RFP review team (initially includes Brown County Human Services AMH Supervisor, Brown County Human Services Director, and SCCBI Regional Mental Health Manager). Amy Haas offered to be the consumer rep. Naomi Ochsendorf will reach out to Amy Pluym for the AMH supervisor spot, as she was a member of the original committee. Under “RFP Submissions Instructions,” it was decided to include the addition of a budget, perhaps requesting a Program Budget and a Housing Budget. Language will need to be added that SCCBI will only provide funding for residents of the 10 SCCBI counties and that SCCBI will reimburse for no more than 10 beds at one time. Deb

will present the RFP to the Brown Co. Board next week. Contact her soon if there are additional recommendations.

Contracting Update: Jamie reported that she received both signed contracts from Horizon Homes. She has not yet received the signed House of Lights contract (*contract delivered to Jamie's mailbox following meeting*). She is also waiting for Sioux Trails to return their contract. All DHS contracts are set.

County Financial Worker Meeting Discussion: Jamie gave a brief presentation about Crisis Services billing at the Blue Earth County Financial Workers' meeting. She also shared the 360° tour of Horizon Homes. She received a lot of positive feedback and plans to give the same presentation during the Regional Financial Workers' Meeting. Jamie is willing to speak to any county and worker unit. She is open to performing outreach to people, departments and staff who are not familiar with mental health services.

Behavioral Health Rapid Response Update:

- Jamie is still hosting a weekly meeting on Mondays. She is trying to ascertain how the group will function going forward.
- The first Rapid Response request came from the Albert Lea hospital. The process was deemed a success, and the individual received several subsequent referrals for services and supports.
- It is important to educate emergency department personnel that they need to contact Rapid Response instead of county social services.
- Need to examine how we can build upon Mayo Health System Mankato ED's new assessment service for all of southeast and southwest Minnesota.

Other Items: Jamie requested that the Executive Committee meet for a discussion regarding wages for her Administrative Assistant, Teri Herder-Blahnik. Teri is observing her three-year anniversary with SCCBI this month, but she has never received a pay raise. This is not something that Express automatically does for its Associates. The Executive Committee will meet and come up with a recommendation for Jamie to present to the JPB.

As there was no further business, the meeting adjourned at 10:53 a.m.

Next JPB Meeting:

Friday, February 19, 2021, 9:00 a.m. – 12:00 p.m. via Zoom

Respectfully submitted, Teri Herder-Blahnik, Administrative Assistant, SCCBI